ChemStation®

(800) 554-8265 www.chemst

NSI

June 2003



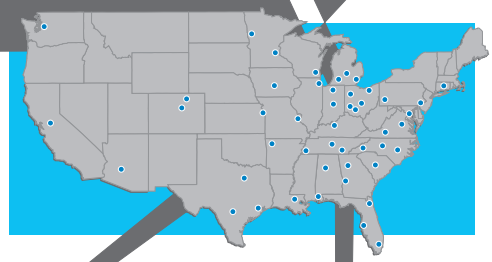
...ngs Work

...ng a meeting, ...that your employees' ...ney. Get more done in ...y learning to run fast ...o-nonsense meeti... ...os.

...se inc... ...ead hon...

...nentum. Avoid ... complicated info...

...al is team building or ...r give and take. But if you want ...f the ...tendees ...nents,



approach offers you…

- *Central Billing.* You'll receive a big picture view and an easy audit path.
- *System Consistency.* Guaranteed for product, price, distribution and usage.
- *Flexibility.* Specify products as needed per location. Adapt to changes quickly.
- *Product Quality.* Ensured through computer-controlled manufacturing.
- *Use Monitoring.* Responsive to individual facility needs.
- *Environmental Compliance.* Assurance of company-wide environmental compliance.
- *Safety Systems.* Common safety practices across company locations.
- *Cost Control.* Puts you in charge of all chemical ...nagement.

...r you have facilities statewide, or factories ...oughout the country, ChemStation can ...cleaning needs with a highly personal ...mart way to go! ■

A Patriotic June

It's National Candy Month, a time to celebrate confectionary delights without the guilt. But if ...andy's not your bag, wait till the week of ... 22-28 and you can celebrate National ...Week. On June 6, we remember ...his day in 1944, the largest ...ng in history began in the ... Allied forces landed in ...st of France. June ...at dates back ...duced a ...ng a ...



ChemS...

Weird Ways to Improve Your Memory

If you want your brain – and your memory – to work better, you have to exercise it. Stretch it in new ways. At least that's the word from neurobiologists at Duke University who told HealthScoutNews you need to cross-train your brain to keep it limber enough to remember names, master new skills, and stay creative.



How do you do that? HealthScoutNews says you should follow this "brain aerobics" program:

- When you get ready in the morning (you know the drill…shower, shave, eat breakfast), use your nondominant hand.
- Find things like the shower faucet, soap and your car keys and the ignition with your eyes closed.
- Learn the Braille numbers for some floors in your office building.
- Visit spice markets and use all your senses to experience the unfamiliar sights, sounds, and smells.
- Fill small bottles with different aromatic herbs and sniff up the scent when you dial a new phone number. Why? This may help you recall the number.
- When you travel, avoid American-style hotels and eateries. Go local and try what's new and different. ■



Send your comments to:

Insights Editor, ChemStation, 3400 Encrete Lane, Dayton OH 45439
Email: kdunlap@chemstation.com

Printed on recycled paper

Soapbox

The two biggest problems for workers in America are making ends meet and making meetings end.

Did you ever wonder why "abbreviated" is such a long word?

Only in America do we use answering machines to screen calls and then have call waiting so we won't miss a call from someone we didn't want to talk to in the first place.

Everyone lies, but since nobody listens it doesn't matter.

Stewardesses is the longest word that is typed with only the left hand.

You know you're too stressed when you discover the aesthetic beauty of office supplies.

Too bad the buck doesn't stop here…I could use a few!

Everything worthwhile is mandatory, prohibited or taxed.

The microwave was invented after a researcher walked by a radar tube and a chocolate bar melted in his pocket.

If you really do put a small value upon yourself, rest assured that the world will not raise your price. – *Anonymous*

Dust, n. Mud with the juice squeezed out.

While money can't buy happiness, it certainly lets you choose your own form of misery. – *Unknown*

Excellence can be attained if you care more than others think is wise, risk more than others think is safe, dream more than others think is practical and expect more than others think is possible.

If there is light at the end of the tunnel – order more tunnel.

Adult, n. A person who has stopped growing at both ends and is now growing in the middle.