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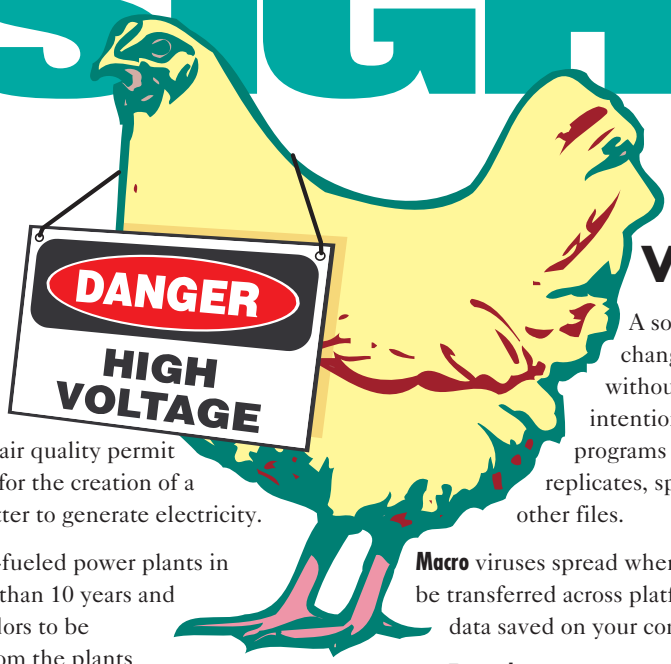
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INSIGHTS

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Poultry Litter Power



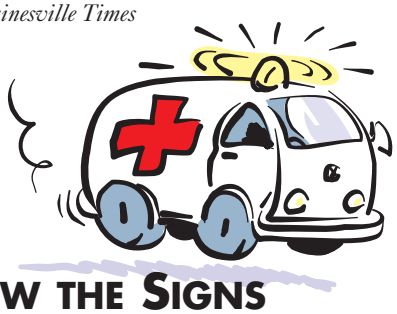


There is potential to create energy with a waste product that the State of Georgia has in abundance: poultry litter. A company in Minnesota (Fibrominn) received an air quality permit recently, the final regulatory hurdle for the creation of a power plant that will burn poultry litter to generate electricity.

Fibrominn has been operating litter-fueled power plants in the United Kingdom (UK) for more than 10 years and claim their process does not allow odors to be released into the air. The exhaust from the plants has low levels of combustion gases. Even the waste product, ash, can be used as fertilizer. If power plants in the UK have been operating this long, there must be something to the company's claims, because European environmental standards generally are tougher than those here.

Such a plant would be a welcome method for handling litter from Georgia's more than 2 billion chickens. Since Georgia is the leading poultry-producing state, there is the potential to generate more poultry litter than any other state. ■

Source: Gainesville Times



Know the Signs

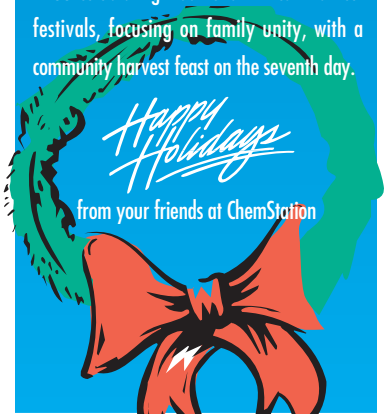
Knowing the signs that lead to a stroke can help save a life. If you or someone you know experiences the following, get medical attention immediately:

- Sudden numbness or weakness of the face, arm, or leg—especially on one side of the body
- Sudden confusion, trouble speaking or understanding things
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance, or coordination
- Sudden severe headache with no known cause

Source: Stroke Connection

The Holiday Season

We begin the holiday season with Hanukkah (Chanukah), an 8-day Jewish holiday commemorating the rededication of the Temple of Jerusalem after its defilement by Antiochus of Syria. A short departure from the holidays finds us near Kitty Hawk, North Carolina where Orville and Wilbur Wright achieved the first powered, controlled airplane flights on December 17, 1903. On the 21st, winter begins in the northern hemisphere and summer begins in the southern hemisphere. December 25, Christmas Day, commemorates the birth of Jesus of Nazareth. Although the exact date of his birth is not known, it has been celebrated by the Western (Roman Catholic) Church since 336 A.D. December 26 marks the first day of Kwanzaa, an African American family observance established in 1966 celebrating traditional African harvest festivals, focusing on family unity, with a community harvest feast on the seventh day.



Computer Viruses

A software virus is a program designed to change the way your computer operates without your consent. Some viruses are intentionally written to delete files, corrupt programs or erase disks. By definition a virus replicates, spreading itself by attaching copies to other files.

Macro viruses spread whenever you open an infected file and can be transferred across platforms. They can destroy and change data saved on your computer.

Trojan horse describes a computer program that appears to serve a useful purpose or have entertainment value, but in fact is designed to damage files or install another virus on your computer. A Trojan horse is technically not a virus itself because it does not replicate. It is a means of delivering a virus. Any file that contains a Trojan horse cannot be repaired and must be deleted immediately.



Worms are programs that copy themselves without necessarily altering other programs. They damage systems by making so many copies of themselves that they can slow down a computer. Like Trojan horses, worms cannot be repaired, so infected files must be deleted completely.

Be suspicious of any program that you download from a newsgroup, Web site or e-mail attachment. Using an up-to-date virus protection program, you should scan everything you download. ■

Keeping it Clean!

At ChemStation, we're concerned about our environment. That's why we offer custom formulated, water-based, biodegradable industrial cleaning products through a unique system that doesn't litter and contaminate our countrysides with rusty barrels and product residues. We're concerned about "keeping it clean" for you! ■

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Better Communication

Having a tough time convincing colleagues you know what you're talking about? Here are a few strategies for overcoming anxiety and communicating with confidence:

Don't let your voice drop. Speak up and speak proudly. Psychological studies have proved that, when it comes to effective communication, what matters most is how you say it, not what you say.

Don't clutter your speech with *like* and *um* and *uh*. Experts say when you remove meaningless words and phrases you will be perceived as smarter.

Don't gesture while you're speaking. Moving your arms and hands, touching your face, smoothing your hair—these gestures draw attention away from what you are saying, and consequently make you look less confident in what you're saying. ■





Send your comments to:

Insights Editor, ChemStation, 3400 Encrete Lane, Dayton OH 45439
Email: kdunlap@chemstation.com

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Soapbox

Managing is getting paid for home runs someone else hits.
– *Casey Stengel*

You burn more calories sleeping than you do watching television.

It's amazing how important your job is when you want the day off—and how unimportant it is when you want a raise.
– *Robert Orben*

You know we've come a long way when you understand that a Boeing 747's wingspan is longer than the Wright brother's first flight.

The king of hearts is the only king without a moustache.

There is some consolation in the fact that, even though your dreams don't come true, neither do your nightmares.
– *Richard Armour*

You can go anywhere you want if you look serious and carry a clipboard.

Don't you hate it when the flashlight doesn't work so you buy new batteries and find out it's the bulb that's bad?

Experience is that marvelous thing that enables you to recognize a mistake when you make it again. – *Franklin P. Jones*

Walt Disney was afraid of mice.

Automobile, n. (1) a convenient place to sit out a traffic jam; (2) a machine with four wheels, a motor, and not quite enough seats, which enables people to get about with great rapidity and ease to places they never bothered going to before, and where they'd just as soon not be now, because, now that they're there, there is no place to park.

Natives who beat drums to drive off evil spirits are objects of scorn to smart Americans who blow horns to break up traffic jams.
– *Mary Ellen Kelly*