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INSIGHTS



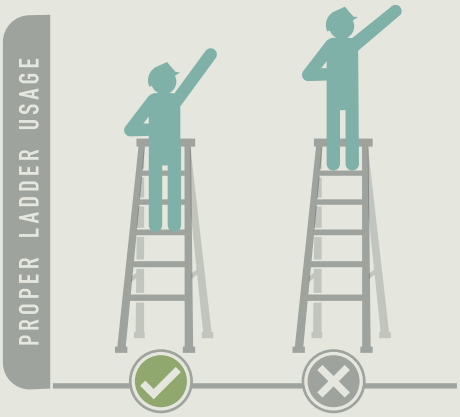
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Ladder Safety

OSHA has a new 16-page booklet/ebook available called *Falling Off Ladders Can Kill: Use Them Safely.* It is bilingual (English and Spanish) and uses clear illustrations and plain language. Its electronic format will allow this important information to be put into the hands of workers at the time and place where they need it most – while working on the jobsite.

Although the book is not an exhaustive primer on ladder safety, it provides portable safety information that workers can access quickly when they need it. It includes information on when (and when not) to use a ladder, using the right ladder for the job, and general ladder safety.

To view the pdf of this new booklet, please visit: https://www.osha.gov/Publications/OSHA3625.pdf



How to Dispose of Unwanted Medications

Take them back to the drugstore. Why? Well, as you may suspect, whether you toss drugs into the trash or flush them down the toilet, trace amounts eventually seep into the water system, where they can harm aquatic life and impair the reproductive systems of fish. When pharmacies collect over-the-counter and prescription drugs, they ship the meds to a facility where most are safely incinerated. National chains like Walgreens and CVS participate in these programs, as do many small independent pharmacies. Find a location near you at disposemymeds.org.

THINKING GREEN

Improving Fuel Economy in Cold Weather

Your fuel economy may be suffering from the effects of cold weather, but fueleconomy.gov offers the following tips to help your gas mileage:

- Park your car in a warmer place, such as your garage, to increase the initial temperature of your engine and cabin.
- Combine trips when possible so that you drive less often with a cold engine.
- Don't idle your car to warm it up. Most manufacturers recommend driving off gently after about 30 seconds. The engine will warm up faster being driven.
- Don't use seat warmers or defrosters more than necessary.
- Check your tire pressure regularly.
- Use the type of oil recommended by your manufacturer for cold weather driving.
- Remove accessories that increase wind resistance, like roof racks, when not in use.
- If you drive a plug-in hybrid or electric vehicle, preheating the cabin while plugged into the charger can extend your vehicle's range.
- If you drive a plug-in hybrid or electric vehicle, using the seat warmers instead of the cabin heater can save energy and extend range.

See You at the Show!

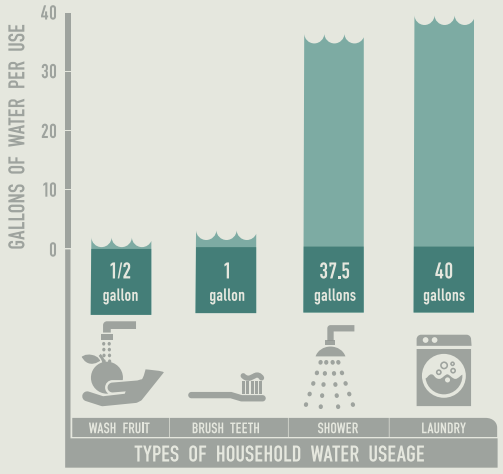
CONEXPO-CON/AGG 2014 will be held March 4-8 at the Las Vegas Convention Center in Las Vegas, Nevada. This event will feature 2,400 exhibitors (including ChemStation) showcasing new products and technologies for every major construction industry including asphalt, aggregates, concrete, earthmoving, lifting, mining, utilities and more. If you are planning to attend this event, please stop by and say hello to the ChemStation Team in Booth #53106!

Can You Carry All The Water You Use In One Day?

The average person uses over 100 gallons of water every day. Imagine yourself lugging around more than 20 of those 5-gallon water bottles. Here's the breakdown:

- Brushing your teeth: one gallon
- Washing fruit for breakfast: one-half gallon
- Using the dishwasher: 20 gallons
- One load of laundry: 40 gallons
- Flushing the toilet: 3 gallons (every time you flush)
- Taking a shower: 37 and one-half gallons
- Drinking a glass of water: 8 ounces

For ideas on how you can help conserve water, visit: http://eartheasy.com/live_water_saving.htm



If At First You Don't Succeed...

…take solace and consider the early failures of these 10 industry-changing champs.

Colonel Sanders: His famous chicken recipe was rejected 1,009 times.

Douglas MacArthur: Was denied admission to West Point twice.

Dr. Seuss: Had his first book rejected by 27 different publishers.

Bill Gates: His first business, Traf-o-data (a microprocessor that read traffic data) failed.

Oprah Winfrey: Was fired from her job as a news co-anchor at age 22 because her boss believed she wasn't made for TV.

Jerry Seinfeld: Was booed off stage the first time he performed.

Jack London: Was rejected almost 600 times before he sold his first story.

Sir James Dyson: Went through 5,126 failed vacuum prototypes before making one that worked.

Steven Spielberg: Was denied admission to film school three times.

Billy Joel: Spent six months playing at an L.A. piano bar under the pseudonym "Bill Martin" after releasing his ill-received debut solo album. It inspired him to write "Piano Man."



SOAPBOX

We never really grow up, we only learn how to act in public.

Knowledge is knowing a tomato is a fruit; Wisdom is not putting it in a fruit salad.

Well done is better than well said. – *Benjamin Franklin*

Why is it that no matter what color of bubble bath you use the bubbles are always white?

Bend the facts to fit the conclusion. It's easier that way.

It's not the mistakes but how you react to those mistakes that makes all the difference. – *Julie Wainwright*

We're sorry, the number you have dialed is imaginary. Please rotate your telephone ninety degrees and try again.

Never trust a dog to watch your food.

If you're too open minded, your brains will fall out.

My software never has bugs. It just develops random features.

ChemStation®

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By the Numbers



Gallons of soap delivered:
209,753,978 since 1984



Empty drums not in landfills:
3,813,708 since 1984