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# INSIGHTS

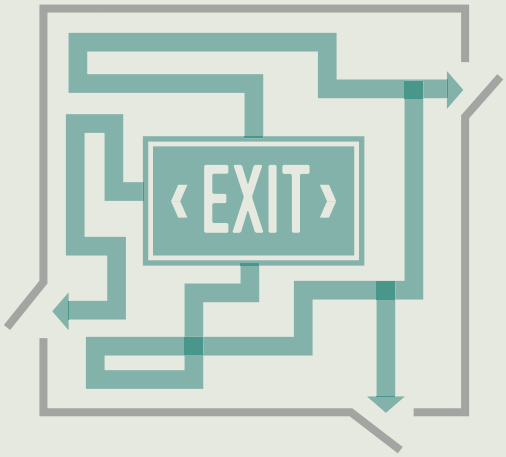



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## Checking for Exit Violations

Following a recent fire and explosion in China that killed at least 119 workers, OSHA is calling on its inspectors to check for adequate means of egress in all workplaces. This includes checking that an adequate number of exit routes are provided, exit routes are free and unobstructed, and exit doors are not locked.

The exit route regulations for general industry are found at 29 CFR 1910.34 to 37. For a copy of OSHA's Emergency Exit Routes Fact sheet, click on https://www.osha.gov/pls/publications/publication.athruz?pType=Types&pID=2.




## Got Dust?

You don't have to be in the construction, landfill, or quarry business to have dust problems and we have custom-formulated, environmentally friendly dust control products for just about any need or industry.

Our highly concentrated products are great for use in dust control for unpaved roads, farms, parking lots, storage piles and the like. Control your dust problems with gravity-fed spray bars, orchard sprayers, sprinklers, or other spraying equipment. If you've got a dust problem, check with your ChemStation representative to find out how we can help.

## THINKING GREEN

## Prepare Your Garden for Winter

As your vegetable garden approaches its final days of production, follow these steps to prepare for winter.

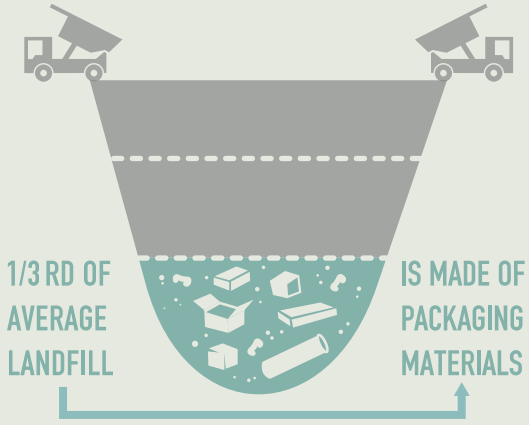
1. Remove old plant growth and sow cover crops. Planting a cover crop will prevent valuable topsoil from eroding and discourage the growth of winter weeds. Likewise, cover crops provide organic nutrients in the spring when they are tilled into the soil.
2. Work the soil. If you choose not to sow a cover crop, you can prepare the soil by removing all old growth and tilling the beds under. Be sure to cover the soil with mulch to discourage any winter weed growth.
3. Take advantage of a winter garden. Many root vegetables, such as carrots and onions, grow well in cold temperatures. Sow these seeds in late summer and cut off any green growth before winter. Cover these vegetables with mulch. Likewise, leafy vegetables such as lettuce and cabbage do well with the protection of a cold frame or cloche.

## OSHA QuickCards

OSHA QuickCards cover topics from pneumatic nail gun safety tips, to construction PPE, to electrical safety, to hand hygiene, to work zone traffic…and much more. You can click on http://www.easysafetyschool.com/osha-publications/quickCards.asp and download pdf files on these topics; many are available in English and Spanish.

## Recycling Facts Solid Waste and Landfills

- About one-third of an average landfill is made up of packaging material.
- Every year, each American throws out about 1,200 pounds of organic garbage that can be composted.
- The U.S. is the #1 trash-producing country in the world at 1,609 pounds per person per year. This means that 5% of the world's people generate 50% of the world's waste.
- The U.S. population discards each year 16,000,000,000 diapers, 1,600,000,000 pens, 2,000,000,000 razor blades, 220,000,000 car tires, and enough aluminum to rebuild the US commercial air fleet four times over.
- Out of every $10 spent buying things, $1 goes for packaging that is thrown away. Packaging represents about 65% of household trash.



# Are You Turning 30 This Year?

1983 was a banner year for American culture…the McNugget, Moonwalk, and Minivan…to name a few. So, if you're turning 30 this year, you're not alone – here are some things to celebrate with.

- The McNugget
- The Swiss Watch
- The Moonwalk
- *Star Wars Episode VI: Return of the Jedi*
- The Dodge Caravan Minivan
- Sony Camcorder
- Steven King's novel *Pet Sematary*
- The Disney Channel
- Care Bears
- Microsoft Word
- The Trump Tower
- Mario Brothers Arcade Game
- Cabbage Patch Kids
- The A-Team




## SOAPBOX

Life is uncertain. Eat dessert first.

*Telescope*, n. A device having a relation to the eye similar to that of the telephone to the ear, enabling distant objects to plague us with a multitude of needless details. Luckily it is unprovided with a bell summoning us to the sacrifice.

Peanuts are one of the ingredients in dynamite.

Conscience is the inner voice that warns us somebody may be looking.

You know you're too stressed when antacid tablets become your sole source of nutrition.

The only sure thing about luck is that it will change.

The glass is neither half-empty nor half-full. It's an opportunity for a refill.

Weather forecast for tonight: dark. Continued dark overnight, with widely scattered light by morning.

The reverse side also has a reverse side.

Courage is the art of being the only one who knows you're scared to death.

Accomplishing the impossible means only that the boss will add it to your regular duties.

Nobody realizes that some people expend tremendous energy merely to be normal.

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## By the Numbers



Gallons of soap delivered:
**203,113,221** since 1984



Empty drums not in landfills:
**3,692,967** since 1984