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# INSIGHTS



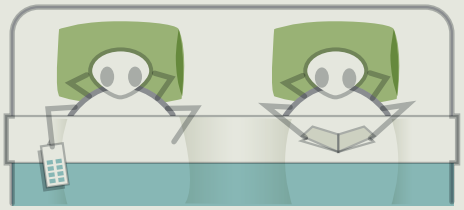

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## Good Night, Sleep Tight

Nobody wants to think about bed bugs, but it's important to be aware of them when traveling. The EPA offers the following tips for travel:

- Inspect any room where you will be staying for the presence of bed bugs. You generally can do this without any extra tools, but a flashlight can be useful. Check the mattress and headboard before sleeping and inspect luggage racks.
- In hotel rooms, use luggage racks to hold your luggage when packing or unpacking rather than setting your luggage on the bed or floor. Try to keep luggage away from the bed.
- Upon returning home, unpack directly into a washing machine and inspect your luggage carefully. Remember that time in a dryer at high temperatures will kill bed bugs (just washing will generally not kill bed bugs).
- Store suitcases away from your bedroom, such as in the basement or garage. Never store suitcases under your bed.

For more information about bed bugs, please visit: www2.epa.gov/bedbugs/tips-travel



## Insulate your Electric Water Heater

If you have an older water heater, you can save energy and prevent carbon pollution by wrapping your electric water heater with an insulting jacket and save more than $30 per year on utility bills. To help keep your hot water from cooling off before it gets to the tap, you can insulate the hot water piping leaving the water heater for additional savings. Don't forget to turn off electric water heaters and turn down gas water heaters when going away on vacation! To learn more about how you can act on climate change, visit: http://epa.gov/climatechange/wycd

## THINKING GREEN

## Conserving Water in the Kitchen

There are many ways to save water in the kitchen. Check out the following ideas:

- When washing dishes by hand, don't let the water run. Fill one basin with wash water and the other with rinse water.
- Dishwashers typically use less water than washing dishes by hand, and Energy Star dishwashers save even more water and energy.
- If your dishwasher is new, cut back on rinsing. Newer models clean more thoroughly than older ones.
- Designate one glass for your drinking water each day, or refill a water bottle. This will cut down on the number of glasses to wash.
- Soak pots and pans instead of letting the water run while you scrape them clean.
- Wash your fruits and vegetables in a pan of water instead of running water from the tap.
- Don't use running water to thaw food. For water efficiency and food safety, defrost food in the refrigerator.
- Install an instant water heater near your kitchen sink so you don't have to run the water while it heats up. This also reduces energy costs.
- Keep a pitcher of drinking water in the refrigerator instead of running the tap. This way, every drop goes down you and not the drain.
- Cook food in as little water as possible. This also helps it retain more nutrients.

For more water-saving tips, please visit: http://wateruseitwisely.com/100-ways-to-conserve

## How Many Times Can I Reheat Foods?

The USDA (Food Safety and Inspection Service) advises that leftover cooked food may be stored in the refrigerator for up to four days. During this time, you can reheat the leftovers to 165 °F (73.8 °C) but return any unused portion to the refrigerator within two hours. Because the quality decreases each time food is reheated, it is best to reheat just the amount needed. Cooked foods that cannot be used within four days should be frozen for longer, safe storage.

## Manufacturing is on the Rise

According to the U.S. Bureau of Economic Analysis, the manufacturing economy in the U.S. has expanded for the 15th straight month in August. ChemStation is positioned to help manufacturing plants continue to grow by:

- Increasing production rates
- Lowering reject/scrap rates
- Meeting challenging customer requirements
- Staying in compliance with ever changing government/environmental regulations

Custom formulating allows ChemStation to design a specific product to work in your unique application. Our refillable containers eliminate the hazards of dealing with empty drums, and local service means you get product when you need it without high shipping costs. Contact your local ChemStation today to see how we can help you meet challenges and achieve your goals.

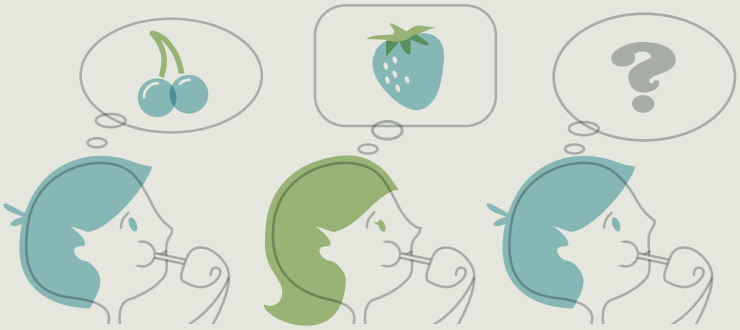


# What's That Flavor?

When you were a kid, your Halloween candy stash might have included several Dum Dums. These ball-shaped suckers were developed in 1924 by the Akron Candy Company in Ohio. A sales manager of the company, I.C. Bahr, named them Dum Dums because he thought it was a phrase any child could say. The brand was purchased in 1953 by Ohio's Spangler Candy Company.

There are many flavors of Dum Dums, but usually about 16 flavors plus the Mystery Flavor are produced at one time for their current assortment. But what is the Mystery Flavor?

According to Mental Floss, the Mystery Flavor pop is a mixture of two flavors that come together when the end of one batch of candy meets the beginning of the next batch. Rather that shut down production and clean out the candy equipment between flavors, the company keeps the pops that combine the two flavors and they are topped with wrappers covered in question marks. The candy lines can run without stopping, and we get the sweet surprise of the Mystery pop.



# SOAPBOX

The first time I see a jogger smiling, I'll consider it. – *Joan Rivers*

Don't ask, "What if it doesn't work?" Ask instead, "What if it does?" – *Author Unknown*

Instead of putting others in their place, try putting yourself in their place.

Tomorrow (noun) – a mystical land where 99% of all human productivity, motivation, and achievement is stored.

Worry is a thin stream of fear trickling through the mind. If encouraged, it cuts a channel into which all other thoughts are drained. – *Arthur Somers Roche*

Truth keeps the hand cleaner than soap. – *African Proverb*

Today's opportunities erase yesterday's failures. – *Gene Brown*

A bird sitting on a tree is never afraid of the branch breaking, because her trust is not on the branch but on her own wings. Always believe in yourself.

No matter what people tell you, words and ideas can change the world. – *Robin Williams*

I'm always disappointed when a liar's pants don't actually catch on fire.

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## By the Numbers



Gallons of soap delivered:
**218,131,150** since 1984



Empty drums not in landfills:
**3,966,020** since 1984